



MAINSTREAM MENTAL HEALTH

June 2022/ Issue 27

GRADUATION

“Graduation is only a concept. In real life, every day you graduate.”

Graduation is a process that goes on until the last day of your life. If you can grasp that, you’ll make a difference.”

~Arie Pencovici

Carlita Britten is a QMHP-A for MMHS for Region 3. She currently works in mental health skill building and crisis stabilization in the Danville/Martinsville area. She received her MBA with a Human Services concentration from Averett University in May of 2022. “I started my journey at Averett university back in 2015. My greatest motivation was to show my two daughters that you can always set goals and achieve them no matter what life puts in your way.” She also earned a bachelor’s from Averett with a minor in psychology in 2019.

“I am very much excited about graduating it was a goal I never thought I could achieve. I also was inducted into the Sigma Beta Delta which is an honor society internationally,” says Carlita.

The most interesting thing she learned was time management and community resources in the field of mental health support. She hopes to enhance her community for success in business and marketing. Her plans are to take the educational and networking skills that she has

learned while in college to assist the company she is a part of for better success.

Carlita utilized good time management to study and have a career and raise two children by herself. She started a business through which she contracted with Mainstream for mental health support and crisis. Also, she enrolled in the study abroad program at Averett to study the wine industry in France. She would like to further her education and revisit France.



JUNE BIRTHDAYS

Wendy W - 6/5
Lorenzo I - 6/11

Marjorie J - 6/25
Austin B - 6/29

Carlita B - 6/29